TOUGH & TENDER

TOUGH HEARTED

CAN NOT GET CLOSE

RIGID THOUGHT PATTERNS DEFENSIVE OF SOFT FEELINGS SCARED TO LET PEOPLE CLOSE OVER STRUCTURED CONTROL

> TRAFFIC ACCIDENT DELAY RAGE - HEART ATTACK

MANIPULATED BY FEELINGS

AVAILABLE FEELINGS ARE FIXED SOFT THINKING BOUNDARIES MANIPULATED BY WORDS MANIPULATED BY GUILT

TRAFFIC ACCIDENT DELAY WORRY ABOUT APPOINTMENT TRAFFIC ACCIDENT DELAY WHINE-SNIVEL - VICTIM



TOUGH MINDED

TENDER MINDED

OPINIONS AND FEELINGS ARE FREQUENTLY A PERSONAL TRIUMPH OVER GOOD THINKING YOU DEFINE REALITY BY WHAT YOU KNOW, WHAT YOU BELIEVE, AND WHAT YOU DO ABOUT IT.

TENDER HEARTED

<u>GOOD BALANCE</u>

CLEAR LIMITS & FLEXIBLE THINKING RESPECTS RANGE OF FEELINGS PROTECTS OTHERS DIGNITY ATTENTIVE TO OTHERS

> TRAFFIC ACCIDENT DELAY ENJOY THE BREAK - THINK

WALKED ON A LOT

FEW AND SOFT LIMITS FALLS FOR SOB STORIES DOES NOT CONFRONT LIES EASILY PUSHED AROUND

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