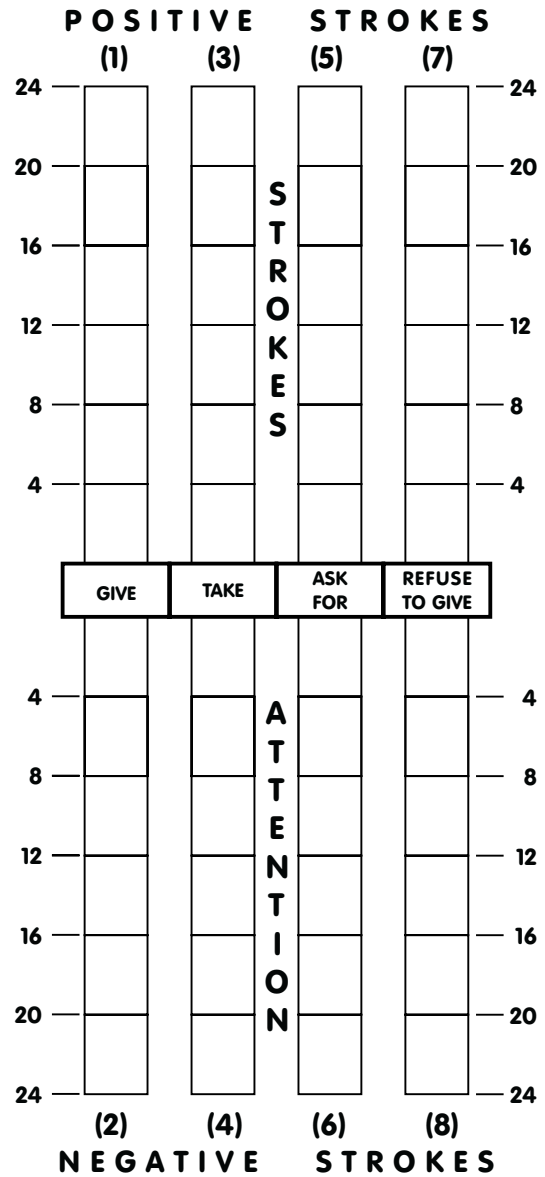
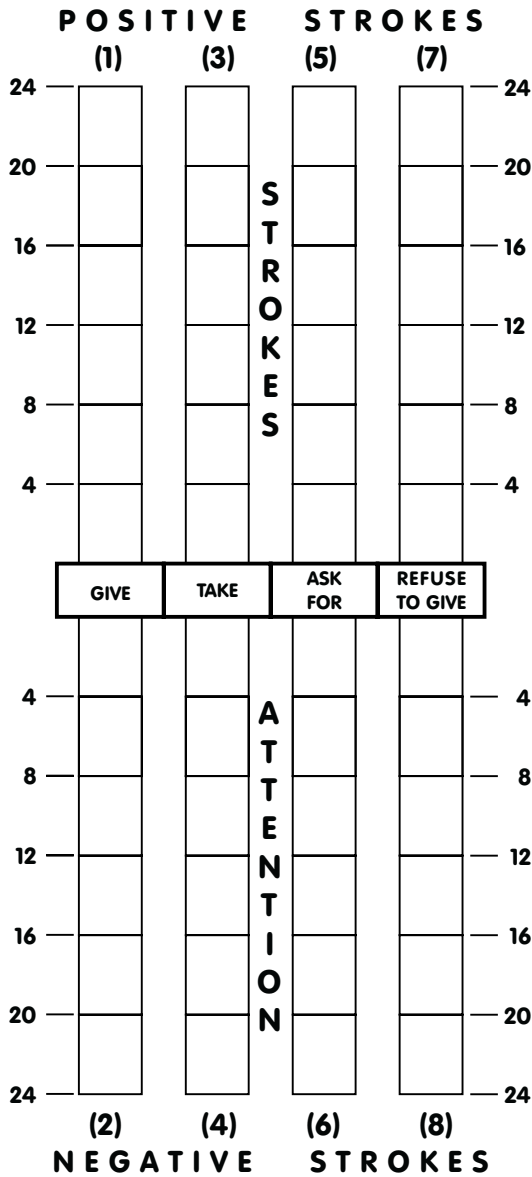


STROKE PROFILE

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 FROM SELF ASSESSMENT - TA FOR MANAGEMENT

Take your totals from the boxes on the -- Stroking Questionnaire -- and put the score in the appropriate column. Shade in the area to make a bar chart. You can use the extra chart to make a stroke profile on your spouse, a friend, your boss or some other person significant in your life. How do the profiles look together? Is there a problem area? For example you give a lot of positive strokes and they won't take positive strokes. Maybe you ask for a lot of strokes and they refuse to give positive strokes. Look for any patterns.



OPINIONS AND FEELINGS ARE FREQUENTLY A PERSONAL TRIUMPH OVER GOOD THINKING
 YOU DEFINE REALITY BY WHAT YOU KNOW, WHAT YOU BELIEVE, AND WHAT YOU DO ABOUT IT.