## **EGO STATE ANALYSIS**

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FROM SELF ASSESSMENT - TA FOR MANAGEMENT

	CP	RP	NP	A	FC	HC	DC
1	А	В	С	D			
2		Α	В	С	D		
3			A	В	С	D	
4				Α	В	С	D
5	A				В	С	D
6	А	В				С	D
7	А	В	С				D
8	А			В		С	
9		А		В			C
10	Α	В	С				
11	А	В	С				
12			A	В	С		
13					A	В	С
14					Α	В	С
15	А	В	С	D	E	F	G
16	Α	В	С	D	E	F	G
17	Α	В	С	D	E	F	G
TOTALS							
	СР	RP	NP	Α	FC	НС	DC

- 1. Transfer the numbers from the 2 "EGO STATE ANALYSIS" pages to the correct boxes on this page.
- 2. Add the vertical columns and record the TOTALS numbers.
- 3. After you have your TOTALS on this sheet you may plot your Ego Gram on the next page.



OPINIONS AND FEELINGS ARE FREQUENTLY A PERSONAL TRIUMPH OVER GOOD THINKING YOU DEFINE REALITY BY WHAT YOU KNOW, WHAT YOU BELIEVE, AND WHAT YOU DO ABOUT IT.