

CRISIS INTERVENTION

EMERGENCY

A situation that demands "RIGHT-NOW" attention--rape, suicide, physical danger

CRISIS

Acute emotional pain--immobile, not functioning with usual homeostasis

with the presentation of the "Crisis State" the question's become:

1. What recent change has occurred?
2. How can't they cope with the change?

KAPLANIAN STAGES

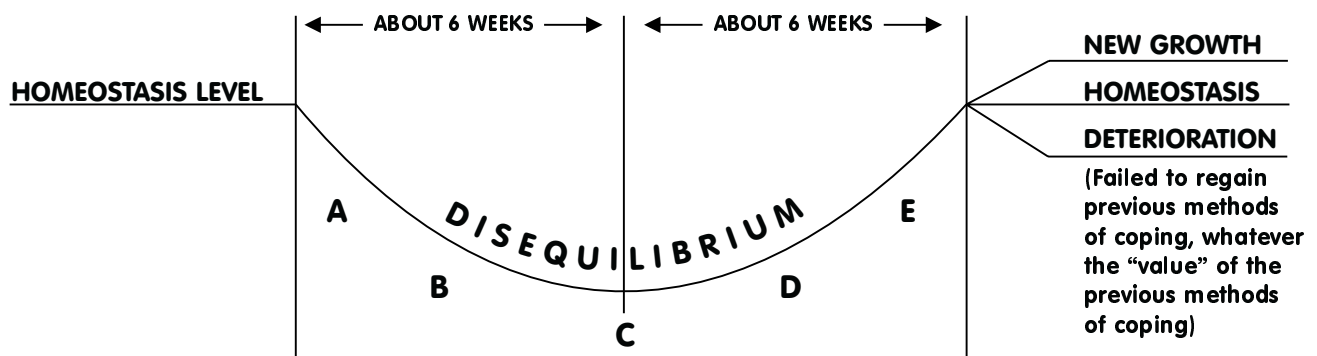
1 & 3 are the same event for rape, auto accident, fire, flood, and other similar physical dangers



1. HAZARDOUS EVENT (threatens homeostasis)
2. LEADS TO A STATE OF VULNERABILITY
3. PRECIPITATING EVENT (TRIGGER) (diminished capacity to cope)
4. ACTIVE CRISIS

Example:

1. EVENT	death or loss of job with associated denial of that event
2. STATE	of vulnerability established without effective coping
3. TRIGGER	cat or dog gets sick or child steals candy from store
4. CRISIS	goes to hospital or incapacitated or acts out



A VERY IMPORTANT QUESTION (for diagnosis and treatment plan) IS:

WHERE IS THE CLIENT IN THE INTERVIEW SITUATION A? B? C? D? E?



OPINIONS AND FEELINGS ARE FREQUENTLY A PERSONAL TRIUMPH OVER GOOD THINKING
YOU DEFINE REALITY BY WHAT YOU KNOW, WHAT YOU BELIEVE, AND WHAT YOU DO ABOUT IT.