

THINGS WE CAN LEARN FROM A DOG

Never pass up the opportunity to go for a joy ride.

Allow the experience of fresh air and wind in your face to be pure ecstasy.

When loved ones come home, Always run to greet them.

When it's in your best interests, practice obedience.

Let others know when they've invaded your territory.

Take naps and stretch before rising.

Run, romp, and play daily.

Eat with gusto and enthusiasm

Be loyal

Never pretend to be something you're not.

If what you want lies buried, dig until you find it.

When someone is having a bad day, be silent, sit close by, and nuzzle them gently.

Thrive on attention and let people touch you.

Avoid biting when a simple growl will do.

On hot days, drink lots of water and lay under a shady tree.

When your happy, dance around and wag your entire body.

Delight in the simple joy of a long walk

**No matter how often you're scolded don't buy into the guilt thing and pout . . .
run right back and make friends.**



R&M SEMINARS

**OPINIONS AND FEELINGS ARE FREQUENTLY A PERSONAL TRIUMPH OVER GOOD THINKING
YOU DEFINE REALITY BY WHAT YOU KNOW, WHAT YOU BELIEVE, AND WHAT YOU DO ABOUT IT.**