## MONTH CALENDAR NO MORE THAN ONE MAJOR CHANGE A MONTH



OPINIONS AND FEELINGS ARE FREQUENTLY A PERSONAL TRIUMPH OVER GOOD THINKING YOU DEFINE REALITY BY WHAT YOU KNOW, WHAT YOU BELIEVE, AND WHAT YOU DO ABOUT IT.

SAT		
FRI		
UHT		
WED		
TUE		
NOM		
SUN	IS QUINBY LCSW • 1671 MYRTLE AVE • EUREKA C	