

**D - I R S**

**D - C I A**

**D - F B I**

**CHILDHOOD DECISIONS ARE OFTEN BASED UPON WHAT A CHILD KNOWS AND FEELS. THEIR DECISIONS ARE BASED UPON THEIR LIMITED KNOWLEDGE & EXPERIENCE IN THEIR FAMILY.**

**Mother and Father had a FAMILY-TO-RUN !!!**

**AND-THANK-YOU-VERY-MUCH-WE-HAVE-DONE-THE-BEST-THAT-WE-CAN-UNDER-THE-CIRCUMSTANCES!**

**So, like all organizations that have limited resources, the family does the best it can with what it has available. The five resources that children need to grow and flourish--PHYSICAL, EMOTIONAL, INTELLECTUAL, SOCIAL, SPIRITUAL--sometimes are in short supply based upon parents limitations of their background, the economic situation, cultural expectations, political problems, war, flood, famine, etc. and so --THERE YOU ARE--You do the best you can under those conditions. NO BLAME - NO FAULT - THAT STOPS THE PROCESS OF INQUIRY & CHANGE .**

**When we grow up and become our own person, then we have the responsibility to repair THE TWO PRIMARY PROBLEMS OF CHILDHOOD, -ERRORS OF OMISSION- (good things were left out) and -ERRORS OF COMMISSION- (bad things were done). The following problems are quite common family process problems and can be changed. Start today and resolve to continue the solutions for the rest of your life. Change will require 3 things;**

**YOUR DECISION - YOUR PLAN - YOUR SUPPORT GROUP**

PROBLEM AREA	change to	“RETOOL” PROBLEM AREA FOR SOLUTIONS TO CHANGE FOR A NEW LIFE
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**D - I R S**

<u>D</u> ENIAL	change to	D <u>I</u> SCOVERY	- by inquiry / talking / questioning / listening
<u>I</u> SOLATION	change to	I <u>N</u> CLUSION	- by inviting yourself / others in on purpose
<u>R</u> IGIDITY	change to	R <u>E</u> SPONSIVENESS	- by initiating sharing / giving / offering
<u>S</u> ECRETIVENESS	change to	S <u>E</u> LECTIVE SHARING	- by picking issues to share-carefully-over time

**D - C I A**

<u>D</u> EPENDENCY (hi)	change to	I <u>N</u> TER-DEPENDENCE	- and cooperation to get mutual needs met
<u>C</u> ONTROL (hi/low)	change to	S <u>H</u> ARE CONTROL FOR	- problem-solving skills, respect for boundaries
<u>I</u> NCLUSION (low)	change to	D <u>E</u> VELOP STRUCTURE	- to include yourself in healthy relationships
<u>A</u> FFECTION (low)	change to	P <u>R</u> ACTICE SOCIAL	- rules, etiquette, politeness, grace, charm

**D - F B I**

<u>D</u> ISCOUNTING	change to	Do not ignore or minimize importance of problems, issues, solutions,	
(of) <u>F</u> EELINGS	change to	Pay attention to M-S-G-S, do not over or under emphasize feelings	
(of) <u>B</u> ODY	change to	Practice appropriate contact, handshakes, exercise, gentleness	
(of) <u>I</u> NTELLECT	change to	Seek and honor the contributions of your and other’s ideas / thoughts	



**OPINIONS AND FEELINGS ARE FREQUENTLY A PERSONAL TRIUMPH OVER GOOD THINKING  
YOU DEFINE REALITY BY WHAT YOU KNOW, WHAT YOU BELIEVE, AND WHAT YOU DO ABOUT IT.**