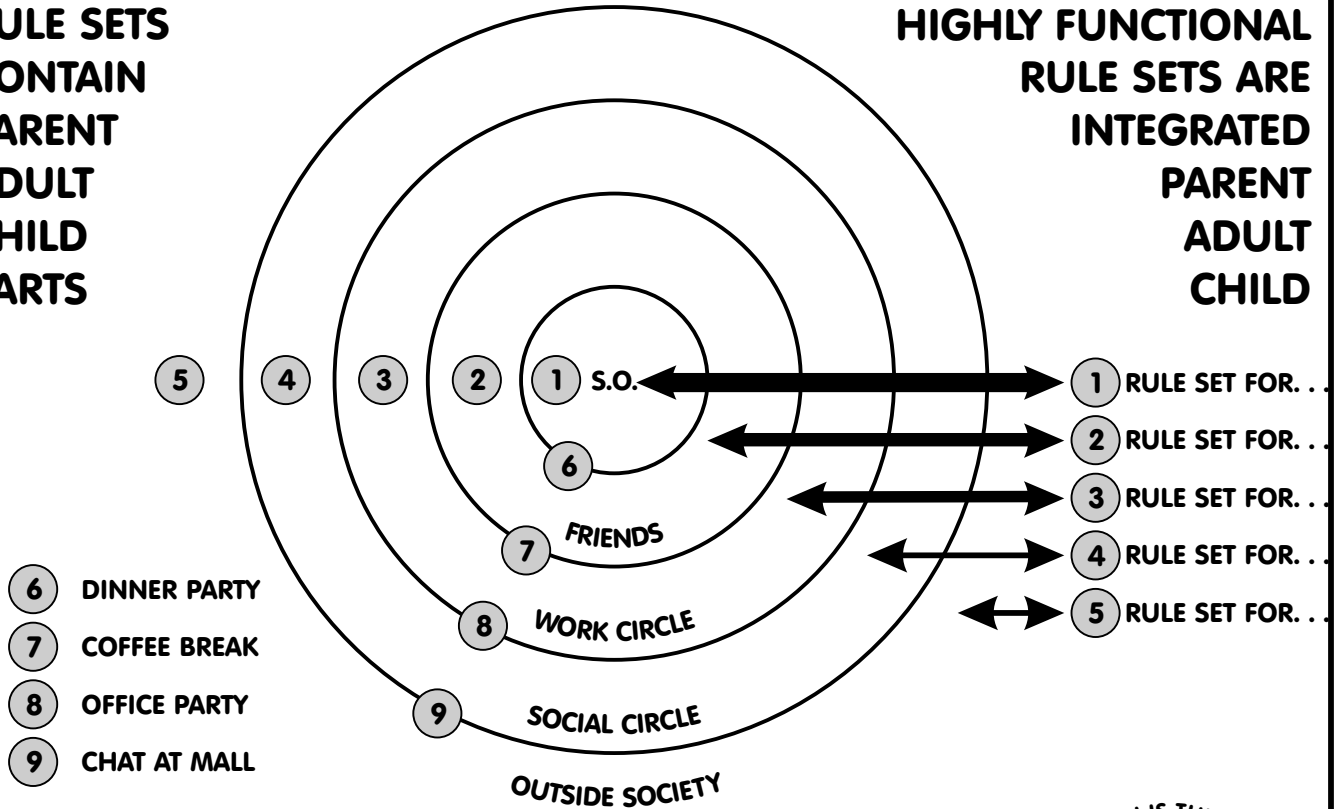


5 CIRCLES AND 5 SETS

BASIC MASTERY FOR LIFE ENCOUNTERS

**RULE SETS
CONTAIN
PARENT
ADULT
CHILD
PARTS**

**HIGHLY FUNCTIONAL
RULE SETS ARE
INTEGRATED
PARENT
ADULT
CHILD**



5 RULE SETS

INTIMATES
FRIENDS
WORK
SOCIAL
OUTSIDE

5 SOCIAL INPUTS

AFFECTION
BELONGING
CONTROL
DIGNITY
ETHICS

5 BOUNDARIES

PERSON
PROPERTY
PAPERS
TIME
SPACE

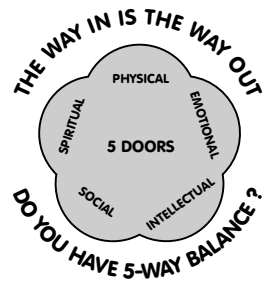
5 CAUTIONS

GOOD SECRETS
BAD SECRETS
TRUTH
LIES
DISCRETION

5 WAYS IN / OUT

PHYSICAL
EMOTIONAL
INTELLECTUAL
SOCIAL
SPIRITUAL

AGREEMENTS
DIGNITY
HEALTH AND SAFETY



**OPINIONS AND FEELINGS ARE FREQUENTLY A PERSONAL TRIUMPH OVER GOOD THINKING
YOU DEFINE REALITY BY WHAT YOU KNOW, WHAT YOU BELIEVE, AND WHAT YOU DO ABOUT IT.**