## **COMFORT LEVELS SAYING THE WORDS** IF SOMEONE TALKS TO YOU ABOUT YOUR INVOLVEMENT WITH ...

SURE ! OK LET'S TALK			NEUTRA TALK A	NO THANKS ! MAYBE LATER	
VACATION	L				
CHRISTMAS	LI				
BIRTHDAY	LI				
MOTHER	LI				
FATHER	LI				
COOPERATION	L				
DEPENDENCE	LI				
INDEPENDENCE	LI				
COMPETITION	LI				
WEAKNESS	LI				
CONFRONTATION	LI				
SENSITIVENESS					
IRRESPONSIBILITY					
MAD	L			1	
JUDGMENTALNESS	L			1	
RIGHTEOUSNESS	L			1	
SAD	L			1	
UNDEPENDABILITY	L			1	
RIGIDITY				1	
GLAD					
GRIEF					
FLEXIBILITY	LI				
SCARED					
HOSTILITY					
BANKRUPTCY	LI				
ARROGANCE	LI				
SMUGNESS					
SEXUALITY					
POWER					
	I	I	I		· · · · · · · · · · · · · · · · · · ·



OPINIONS AND FEELINGS ARE FREQUENTLY A PERSONAL TRIUMPH OVER GOOD THINKING YOU DEFINE REALITY BY WHAT YOU KNOW, WHAT YOU BELIEVE, AND WHAT YOU DO ABOUT IT.

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