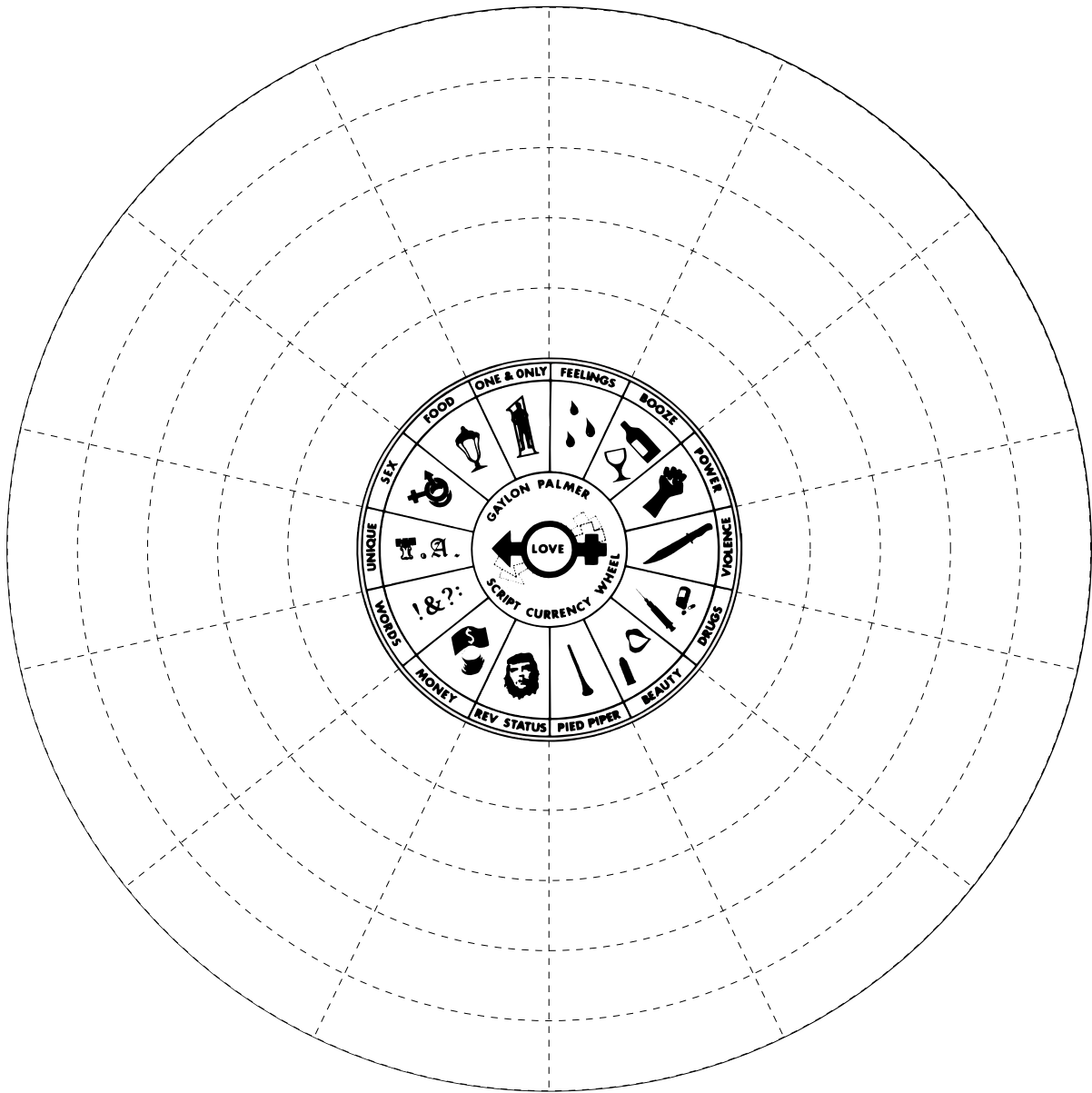


THE PALMER CURRENCY WHEEL - THE WORKSHEET

I AM OK IF I GET A COMBINATION OF SCRIPT LOVE THAT MOMMY AND DADDY TAUGHT ME

MAKE AN INTUITIVE "GUESSTIMATE" OF HOW MUCH YOU DEAL OR ARE HOOKED ON THE CURRENCIES BY FILLING IN THE PIE SEGMENTS. - NOW COMPARE WITH SOMEBODY ELSE -



THERE ARE TWO PRIMARY WAYS THAT WE ARE TRAINED IN THE CURRENCIES OF LIFE: OUR PARENTS EXAMPLE-REINFORCEMENT-INSTRUCTION AND OUR DECISIONS

THERE ARE TWO PRIMARY WAYS THAT WE DECIDE TO RELATE TO CURRENCIES OF LIFE: WE CAN BE "HOOKED" ON A CURRENCY AND THEN DO WHAT WE HAVE TO DO TO GET IT. WE CAN "DELIVER" A CURRENCY AND THEN WE HAVE TO FIND A WAY TO DO THAT.



OPINIONS AND FEELINGS ARE FREQUENTLY A PERSONAL TRIUMPH OVER GOOD THINKING
YOU DEFINE REALITY BY WHAT YOU KNOW, WHAT YOU BELIEVE, AND WHAT YOU DO ABOUT IT.