

ATTITUDE AWARENESS LIST OF IDEAS TO USE WITH THE BLANK WORKSHEET

USE THESE TO STIMULATE DISCUSSION & DISCOVERY -- HUMOR IS GOOD -- YOU MAY NOT ARGUE OR JUDGE OR COMPETE

ADVANCED IDEAS - 1

Leg	Chest	Face	Which is most fascinating to you ?
Man	God	Nature	View of world
Love	Like	Lust	? good balance in relationship
Depression	Detachment	Delight	How do you react to criticism ?
Religion	Science	Art	Importance to society
Compliance	Confront	Coercion	Most effective to get your way
Awareness	Attitude	Action	Importance to make change
Organization	Equipment	Morale	Importance to institutions stability
Lover	Soul-Mate	Friend	Importance in picking a partner
Thinking	Feeling	Doing	Importance to stable relationship
Decency	Delightfulness	Discipline	Importance to create durability
Steady	Slow	Soft	Generating emotional safety
Compassion	Concern	Care	Stop emotional competition
Judgment	Blame	Denial	Best way to "invite" criticism
Depression	Anxiety attacks	Somatic	Worst symptom of stress
Playfulness	Patience	Planning	What makes love strong
Sex	Comfort	Relationship	What men want
Sex	Comfort	Relationship	What women want
Intention	The Words	Interpretation	Critical steps in communication
Encode Mode	Sending Mode	Decode Mode	Critical steps in communication
Situation	Personal History	Emotions	Best source of emotional pictures
Verbal	Personal History	Non-verbal	Best source of emotional pictures
Male	Female	Androgynous	Which clothes would you wear
1	2	3	Importance of the number
Personal	Positional	Political	How do use power ?
Pen	Person	Phone	How do you persuade best ?
E-mail	Fax	Memo	How do you persuade best ?
Control	Inclusion	Affection	Three basics of human need
Intuition	Training	Experience	Basis for accuracy of perception
Perversion	Paranoia	Prejudice	What are you most scared of ?
Fight	Flight	Fix	Your tendency under pressure
Roles	Rules	Routine	Importance in stable relationships
Consistent	Courteous	Competent	Importance of team skill
Punctual	Polite	Proficient	Importance of team skill
On Time	Polite	Trained	Importance of team skill
Worry	Obsession	Control	Worst substitute for thought
Discipline	Dignity	Doing	How do you stay detached ?



OPINIONS AND FEELINGS ARE FREQUENTLY A PERSONAL TRIUMPH OVER GOOD THINKING
YOU DEFINE REALITY BY WHAT YOU KNOW, WHAT YOU BELIEVE, AND WHAT YOU DO ABOUT IT.