

CRISIS INTERVENTION

6 AREAS OF ASSESSMENT -&- SUICIDE ASSESSMENT

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- 1. INTELLECTUAL FUNCTIONING - oriented X3 - denial - shock - can they give accurate description of details of events ?**
- 2. INTERPERSONAL ASSETS - What kind of support system is available to them? spouse - family - friends - church - clubs - neighbors - anybody else to phone**
- 3 EMOTIONAL RESOURCES - Is present affect labile or flat? Do they need help in release or control of emotion? Angry outbursts often mask sadness or hurt.**
- 4. HOW MUCH ACTUAL AND REALISTIC HOPE AVAILABLE - Do not make unrealistic promises (house burned down, child dead) "everything will be OK" instead look for and list the resources available for working with the reality and feelings.**
- 5 SELF-MOTIVATION FOR HELPING THEIR OWN SITUATION - assess personality type, independent-dependent-loner - what kind of self-help skills do they indicate**
- 6. IS CRISIS SELF-CREATED? Chronics tend to manipulate and escalate, i.e. Suicide attempt as spouse packs bags and leaves, bought liquor instead of food and now in a panic about how to feed and clothe the family**

SUICIDE ASSESSMENT

High Risk Populations:

- 1. emotionally agitated**
- 2. agitated depression**
- 3. adolescents (2nd form of death)**
- 4. women attempt suicide 3 times more than men do**
- 5. women succeed more than men do**
- 6. medical workers, like gun enthusiasts, have the means at hand**
- 7. middle-age depression, old, chronically ill, poor**
- 8. anybody with a plan and method or a history of attempts**
- 9. anybody with a severe current crisis**
- 10. other -**

SUICIDE IS THE 11th FORM OF DEATH IN THE UNITED STATES



**OPINIONS AND FEELINGS ARE FREQUENTLY A PERSONAL TRIUMPH OVER GOOD THINKING
YOU DEFINE REALITY BY WHAT YOU KNOW, WHAT YOU BELIEVE, AND WHAT YOU DO ABOUT IT.**