CRISIS INTERVENTION

EMERGENCY
A situation that demands "RIGHT-NOW" attention--rape, suicide, physical danger

CRISIS
Acute emotional pain--immobile, not functioning with usual homeostasis

with the presentation of the "Crisis State" the question's become:

1. What recent change has occurred?
2. How can't they cope with the change?

KAPLANIAN STAGES

1 & 3 are the same event for rape, auto accident fire, flood, and other similar physical dangers

1. HAZARDOUS EVENT (threatens homeostasis)
2. LEADS TO A STATE OF VULNERABILITY
3. PRECIPITATING EVENT (TRIGGER) (diminished capacity to cope)
4. ACTIVE CRISIS

Example:
1. EVENT death or loss of job with associated denial of that event
2. STATE of vulnerability established without effective coping
3. TRIGGER cat or dog gets sick or child steals candy from store
4. CRISIS goes to hospital or incapacitated or acts out

HOMEOSTASIS LEVEL

A VERY IMPORTANT QUESTION (for diagnosis and treatment plan) IS:

OPINIONS AND FEELINGS ARE FREQUENTLY A PERSONAL TRIUMPH OVER GOOD THINKING YOU DEFINE REALITY BY WHAT YOU KNOW, WHAT YOU BELIEVE, AND WHAT YOU DO ABOUT IT