

A LOOK AT LAST WEEK

- 1 The best of last week:
- 2 The worst of last week:
- 3 Who and what I agreed with:
- 4 Who and what I disagreed with:
- 5 What I have clear opinions about is:
- 6 What I need more information about is:
- 7 What I put off last week:
- 8 What I didn't put off last week:
- 9 Who I need to mend bridges with this week:
- 10 Who helped me last week:
- 11 Who I helped last week:
- 12 How do I want to plan this week differently?



**OPINIONS AND FEELINGS ARE FREQUENTLY A PERSONAL TRIUMPH OVER GOOD THINKING
YOU DEFINE REALITY BY WHAT YOU KNOW, WHAT YOU BELIEVE, AND WHAT YOU DO ABOUT IT.**