WHO IS IN CHARGE?

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OPINIONS ABOUT OPINIONS

OPINIONS ABOUT THINKING

OPINIONS ABOUT FEELINGS

THINKING ABOUT OPINIONS

THINKING ABOUT THINKING

THINKING ABOUT FEELINGS

FEELINGS ABOUT OPINIONS

FEELINGS ABOUT THINKING

FEELINGS ABOUT FEELINGS

THE COMPLIANT CHILD
FEELINGS ABOUT OPINIONS
(I SHOULD, I HAVE TO, I MUST)

THE REBELLIOUS CHILD
FEELINGS ABOUT OPINIONS
(I SHOULDN'T HAVE TO, YOU CAN'T MAKE ME)

NATURAL CHILD

ADAPTED CHILD

R&M SEMINARS

YOU DEFINE REALITY BY WHAT YOU KNOW, WHAT YOU BELIEVE, AND WHAT YOU DO ABOUT IT.