

# **MOST OF WHAT YOU NEED TO KNOW . .**

## **YOU LEARNED IN KINDERGARTEN.**

- 1. SAY "PLEASE" AND "THANK YOU."**
- 2. BE NICE.**
- 3. PLAY FAIR.**
- 4. DON'T TELL LIES.**
- 5. IF YOU CAN'T SAY SOMETHING NICE ABOUT SOMEONE, DON'T SAY IT AT ALL.**
- 6. DON'T HIT PEOPLE.**
- 7. SAY YOU'RE SORRY IF YOU HURT SOMEONE.**
- 8. CLEAN UP AFTER YOUR OWN MESS.**
- 9. DON'T TAKE THINGS THAT AREN'T YOURS.**
- 10. WAIT YOUR TURN.**
- 11. DON'T TOUCH SOMETHING IF YOU DON'T KNOW WHERE IT'S BEEN.**
- 12. GO OUTSIDE TO PLAY.**
- 13. IT'S OK TO CRY.**
- 14. IF YOU DON'T GET IT THE FIRST TIME, TRY AGAIN.**
- 15. EAT YOUR VEGETABLES, DRINK YOUR MILK, AND GO TO BED EARLY.**
- 16. YOU'RE SPECIAL AND THERE'S NO ONE ELSE LIKE YOU IN THE WHOLE WORLD.**

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**OPINIONS AND FEELINGS ARE FREQUENTLY A PERSONAL TRIUMPH OVER GOOD THINKING  
YOU DEFINE REALITY BY WHAT YOU KNOW, WHAT YOU BELIEVE, AND WHAT YOU DO ABOUT IT.**