Children are born with the capacity to spontaneously experience a number of things. A basic handful is YES! - NO! - WOW! - OUCH! - NEXT!

Healthy children eat when they are hungry, sleep when they are tired, laugh when joyful and cry when they are hurt. When those events are over they experience a natural "NEXT" and want to do something else. The world is their oyster and they are exploring all the time. Children, by nature, do NOT hold grudges. Children, by nature, are cooperative and curious about people, the world, and all its processes.

As children learn to adapt and bend their will to the social demands of the world they must be trained in another handful of social concepts: TRUTH - LIES - GOOD SECRETS - BAD SECRETS - DISCRETION.

YES! - NO! - WOW! - OUCH! - NEXT! must be reinforced, nurtured, and supported by parents raising children to support healthy self-esteem..

TRUTH - LIES - GOOD SECRETS - BAD SECRETS - DISCRETION must be taught on a regular basis by parents. Part of a parents' responsibility is to RAISE ISSUES and teach the differences between these five concepts.

Children learn in three ways, by MODELING, REINFORCEMENT, and INSTRUCTION. Parents need to tell children about the world, their place in it, and how to grow up happy, cooperative, and productive.

THE WORK OF CHILDHOOD IS PLAY. PAY ATTENTION TO HOW PEOPLE PLAY AND WHAT THEY LEARN BY PLAYING. WHAT CAN YOU LEARN BY WATCHING THEM?

OPINIONS AND FEELINGS ARE FREQUENTLY A PERSONAL TRIUMPH OVER GOOD THINKING. YOU DEFINE REALITY BY WHAT YOU KNOW, WHAT YOU BELIEVE, AND WHAT YOU DO ABOUT IT.