

HELP AND HINDRANCE

HOW MANY OF THESE MESSAGES DID YOU GROW UP WITH ?

OPINIONS AND FEELINGS ARE FREQUENTLY A PERSONAL TRIUMPH OVER GOOD THINKING
YOU DEFINE REALITY BY WHAT YOU KNOW, WHAT YOU BELIEVE, AND WHAT YOU DO ABOUT IT.



- YOU HAVE TO LOVE/HELP EVERYONE BUT YOU JUST DON'T HAVE TO LIKE THEM
- DON'T ASK FOR TOO MUCH
- YOU CAN DO ANYTHING THAT YOU SET YOUR MIND TO
- GROW-UP
- DON'T BE STUPID
- YOU ARE TOO YOUNG
- YOU CAN'T - YOU ARE A BOY/GIRL
- YOU ARE NOT SMART ENOUGH
- ASSERT YOURSELF
- DON'T BE PUSHY
- DON'T GIVE YOURSELF AWAY
- NEVER LET THEM SEE YOU SWEAT
- DON'T WASTE TIME
- HURRY-UP
- BE A LEADER
- BE A FOLLOWER
- DO AS I SAY
- THINK FOR YOURSELF
- QUESTION AUTHORITY
- YOU ARE TOO QUIET / LOUD
- KEEP YOUR WORD
- DON'T BE TOO HONEST
- THINK BEFORE YOU SPEAK
- THE WORLD IS UNFAIR
- STAY IN YOUR PLACE
- YOU MADE YOUR BED, NOW LIE IN IT
- TURN THE OTHER CHEEK
- ACT/BE LIKE A MAN/WOMAN LADY/GENTLEMAN
- PRETTY/HANDSOME IS AS PRETTY/HANDSOME DOES
- YOU ARE BAD
- YOU ARE REALLY STUPID
- WHAT DO YOU KNOW?
- ALWAYS FINISH WHAT YOU START
- LIFE DOESN'T MAKE SENSE
- OF COURSE YOU WILL MAKE IT
- DON'T GET TOO CLOSE
- IT IS GOD'S WILL
- WHAT CAN YOU EXPECT
- CRY AND YOU CRY ALONE
- HE WHO LAUGHS BEST LAUGHS LAST
- FINISH YOUR WORK BEFORE YOU PLAY
- YOU HAVE BAD JUDGEMENT
- YOU CAN'T HAVE EVERYTHING
- NICE BOYS/GIRLS DON'T SAY/DO THAT
- MAKE HAY WHILE THE SUN SHINES
- IF YOU WANT IT - GO FOR IT
- IF YOU WANT IT DONE RIGHT, DO IT YOURSELF
- YOU ARE NOT ANGRY, JUST UPSET
- YOU ARE NOT SAD, JUST UPSET
- YOU ARE NOT HURT, JUST UPSET
- YOU ARE MY HAPPY CHILD
- YOU ARE MY QUIET CHILD
- YOU HAVE GOT THE DEVIL IN YOU
- A PENNY SAVED IS A PENNY EARNED
- NOTHING VENTURED - NOTHING GAINED
- YOU CAN'T BE TOO CAREFUL
- WASTE NOT WANT NOT
