

# THE IMPACT OF CHANGE ON YOUR LIFE

## NO MORE THAN ONE MAJOR CHANGE A MONTH



OPINIONS AND FEELINGS ARE FREQUENTLY A PERSONAL TRIUMPH OVER GOOD THINKING  
 YOU DEFINE REALITY BY WHAT YOU KNOW, WHAT YOU BELIEVE, AND WHAT YOU DO ABOUT IT.

<b>CHANGE ITEM</b>				<b>CHANGE ITEM</b>			
<b>IMPACT</b>	<b>YES</b>	<b>NO</b>	<b>HOW</b>	<b>IMPACT</b>	<b>YES</b>	<b>NO</b>	<b>HOW</b>
SELF				SELF			
COUPLE				COUPLE			
FAMILY				FAMILY			
BUDGET				BUDGET			
TIME				TIME			
ENERGY				ENERGY			
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FAMILY				FAMILY			
BUDGET				BUDGET			
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ENERGY				ENERGY			
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