• YOU MAY PRINT AND COPY AND USE THIS HANDOUT FOR YOUR PERSONAL OR PROFESSIONAL USE • AS IS • AS FREELY AS YOU WISH •

A-B-C's OF CHILDHOOD

R&M SEMINARS

OPINIONS AND FEELINGS ARE FREQUENTLY A PERSONAL TRIUMPH OVER GOOD THINKING
YOU DEFINE REALITY BY WHAT YOU KNOW, WHAT YOU BELIEVE, AND WHAT YOU DO ABOUT IT.

HOW IT WAS . . .	HOW I WANT IT NOW . . .
AFFECTION	**AFFECTION**
BELONGING	**BELONGING**
CONTROL	**CONTROL**