LIST OF HANDOUTS FOR THE WEB-SITE TA-TUTOR.COM

CHILDHOOD ISSUES
PRIMARY PROCESS PROBLEMS (NOT CONTENT)
THE BASICS IN CHILDHOOD
THE 7 EVEN DEADLY SINS OF CHILDHOOD
HEALTHY STRUCTURE
6IX STAGES OF PERSONAL DEVELOPMENT

IDEAS ABOUT RELATIONSHIPS
PICKING A PARTNER - MOM & DAD HERITAGE
PICKING A PARTNER - MOM & DAD RULES FOR ISSUES
PICKING A PARTNER - A FAST A-B-C-D-E-F TO EVALUATE
PICKING A PARTNER - KELLY'S LIST TO EVALUATE
PICKING A PARTNER - JD'S LIST TO EVALUATE
WHAT KEEPS A MARRIAGE GOING?
WHAT KEEPS A FRIENDSHIP GOING?
DO YOU KNOW HOW OTHERS SEE YOU?
2 EXERCISES IN TALKING AND LISTENING
EXERCISE IN MAD-SAD-GLAD-SCARED
WHAT TO TALK ABOUT - HOW TO LISTEN
CRITICAL COUPLES QUESTIONS
CONDITIONS & CONTRACTS
AFFECTION - BELONGING - CONTROL - THE BASIC ABC'S
HOMEWORK
5IVE TRUST CONTRACTS FOR COUPLES

IDEAS ABOUT ANGER - ASSERTION
SOME IDEAS ABOUT ASSERTION
ANGER - WHAT DO YOU BELIEVE?
NOTES ON ANGER
ANGER 7 KINDS - 1
ANGER 7 KINDS - 2
ANGER 7 KINDS - THE WORKSHEET

IDEAS ABOUT POWER
NOTES ON POWER
POWER - IT'S USE AND ABUSE - 1
POWER - IT'S USE AND ABUSE - 2
POWER - IT'S USE AND ABUSE - 3
POWER - IT'S USE AND ABUSE - 4
6IX TYPES OF POWER
SOME NOTES AND IDEAS ABOUT POWER
POWER PROFILES AND TRANSACTIONAL CONTENT
OVERLAPPING CURRENCY PROBLEMS -1
OVERLAPPING CURRENCY PROBLEMS -2
HOW TO CONTROL PEOPLE

IDEAS ABOUT SPIRITUALITY
SPIRITUALITY IS DIFFERENT FROM RELIGION
5IVE WAYS TO ENCOURAGE YOUR CHILD'S SPIRITUALITY
7 EVEN CHAKRA ENERGY CENTERS
HOW WIDE IS YOUR VISION?

SOME LISTS TO USE
WHAT TO SAY FOR PRAISE
ERIC'S LIST OF LOVEABLE BEHAVIORS
HOW TO LOVE YOURSELF

OPINIONS AND FEELINGS ARE FREQUENTLY A PERSONAL TRIUMPH OVER GOOD THINKING:
YOU DEFINE REALITY BY WHAT YOU KNOW, WHAT YOU BELIEVE, AND WHAT YOU DO ABOUT IT.